



**PIONEER MEMORIAL HOSPITAL & HEALTH SERVICES OFFERS**

# **FREE QUARTERLY DIABETES CLASSES**

Learn how to manage diabetes and reduce health risks.  
Free to the public, everyone is welcome to attend.

Held at Pioneer Memorial Hospital  
Conference Room 2  
315 N. Washington St, Viborg, SD

## **2018 Dates:**

JANUARY 15th, 2018: 2:00-3:00 PM  
APRIL 16th, 2018: 2:00-3:00 PM  
JULY 16th, 2018: 2:00-3:00 PM  
OCTOBER 15th, 2018: 2:00-3:00 PM

ALL HELD IN CONFERENCE ROOM 2 at Pioneer Memorial Hospital, Viborg

To sign up for the class or ask about diabetes counseling call:  
Shirley Hoxeng, RN Diabetic Educator 605-326-3010