

**PIONEER MEMORIAL HOSPITAL & HEALTH SERVICES**  
**“DXA Body Exam” CHALLENGE**

## DXA Fat Loss / Weight Loss Registration

Everyone 16 and older can participate in the challenge and try to win any or all of the cash prize packages. Unfortunately, the DXA scan equipment has a weight limit of 350lbs. To qualify for DXA prizes, a DXA Total Body Scan must be performed and the following items must be met;

\*Must be over the age of 16 (under 18 must have parental consent)

\*Must not be currently pregnant

\*Must consent to receiving a small amount of ionizing radiation from DXA scan for DXA challenge prizes

**\*Radiation exposure is less than a daily dose from environmental sources\***

\*Must obtain two DXA Total Body Composition Scans within a 90 day window for DXA challenge prizes. The first scan must be completed in the month of January during regular business hours. M-F 8-5

**\*The DXA scan equipment has a table limit of 350 lbs\***

Please fill out the following form, sign, and return to the registration desk during your scheduled appointment time. Registrations will be accepted during initial appointments until the close of Registration on January 31<sup>st</sup> by 4:00 pm.

**\*Items marked with \*(asterisk) must be filled out.**

**First Name\*** \_\_\_\_\_ **Last Name\*** \_\_\_\_\_  
**Phone Number\*** \_\_\_\_\_  
**Email** \_\_\_\_\_

The following boxes must be checked off for DXA Total Body Composition participation. Only those qualified to check all boxes will be eligible for all prizes. If you are unable to meet DXA requirements, you may still participate to win weight loss prizes only by filling out other registration.

- I am over the age of 18 or over the age 16 and have signed parental consent.\*
- I have been informed that I will receive a small amount of ionizing radiation with the DXA scan.\*
- I am under the 350lb weight limit & consent to the Total Body Composition DXA scan.\*
- I am not currently pregnant.\*
- I do not have any medical issues that would prevent me from attempting this challenge.\*
- My signature below indicates I have read the rules of the “DXA body scan” Challenge and consent to the Total Body Composition DXA scans.\*

**Signature:**

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## **Weight Loss Only Registration**

Everyone 16 and older can participate in the challenge and try to win weight loss prizes. To qualify for weight loss only prizes, the following items must be met;

If you would like to participate in the “DXA body scan” Challenge but are unable to participate in the Total Body Composition DXA scan due to weight limit or other concerns feel free to participate for weight loss only prizes.

However, individuals who do not have the DXA Total Body Composition will **not be able to win any DXA challenge prizes** as the DXA scan results will determine the winner.

- I am not currently pregnant.\*
- I do not have any medical issues that would prevent me from attempting this challenge.\*
- I want to participate in the weight loss only challenge and I understand this option will forfeit any DXA Scan Category prizes.
- My signature below indicates I have read the rules of the “Biggest Loser” Challenge and consent to the Total Body Composition DXA scans.\*

Signature: